

2012 Rides

February 12, 2012 Ride – [William Pond Park](#) at 9am

February 19, 2012 Ride – [Folsom Parking Garage](#) at 9am

February 26, 2012 Ride – [Folsom Parking Garage](#) at 9am

March 4, 2012 Ride - [Meet at Starbucks in Nugget Plaza](#) at 9am. Click here if you have problems opening the direction link on th PDF. [How to get to Nugget Plaza](#)

March 11, 2012 Ride – [Folsom Parking garage](#) at 9am. Map of Sunday ride: [March 11 Bike Route](#)

March 18, 2012 Ride – [Meet at Bella Bru](#) at **8:45am** and then head to William Pond Park from there. The ride will go to Discovery Park and back to WP, then past it for about 12-15 round trip and back again. Riders can opt to finish their ride on the first return or continue if they wish.

March 25, 2012 Ride – Meet at Peets Coffee at 8:45am. Detailed directions of route can be found here: [March 25 Bike Ride](#)

April 1, 2012 – Meet at Victory Velo located at [835 Lincoln Way, Auburn](#) for session one of bike assessment, followed by a bike ride with Julie. For details on the seminar, click here: [KP Thrive Bike Team- Victory Velo session 1](#)

April 29, 2012 - This Sunday's bike ride, you will be meeting at [Perfect Blend located at 9260 Sierra College Blvd.](#) at **7:45am and pedal down time is 8am**. Approximately a 33.2 mile bike ride. Attached is the bike route: [April 29 bike ride – Perfect Blend](#)

May 11, 2012 – Meet at [2210 Taylor Rd # F, Penryn, CA](#) **7:45am and pedal down time is 8am**. Shorter bike ride this time so that you can be home for Mother's Day brunch! [Trailhead Coffee in Penryn](#)

May 19, 2012 – [It's the Tour de Lincoln!!!](#) Due to this ride/race, there **WILL BE NO** ride on Sunday, May 20.

June 10, 2012 Ride – Meet at [Peets Coffee at Quarry Ponds in Granite Bay.](#) Pedal down time is 7:45am and departure is at 8am. [Route for June 10, 2012](#)

July 15, 2012 Ride - Meet at [Peets Coffee at Quarry Ponds in Granite Bay.](#) Pedal down time is 7:45am and departure is at 8am. Route maps will be handed out on Sunday morning. **This is a moderate level ride with hills. Please fuel up properly PRIOR and during the ride. Bring plenty of fluids.**

July 22, 2012 Ride – Meet at Bella Bru located at [5038 Fair Oaks Blvd.](#) Pedal down time at 8am. This will be a moderate 30 mile ride. Please fuel up properly.

August 12, 2012 Ride – Meet at Folsom Garage at 7:45am. Pedal down time is at 8am sharp.

August 18, 2012 – **SATURDAY** ride. [Meet in Gold River at the parking lot between Outback Steakhouse and Wells Fargo Bank.](#) 7:30 am sharp.

August 26, 2012 – We will be meeting behind the Cal Expo on Sunday morning at 7:30a.m. From business 80, take the Arden Way exit and head south toward Cal Expo. Stay in the far right lane and it eventually turns into Ethan Way. [At the end of the road, there is plenty of free parking.](#) We will connect onto the American river Trail for an approximate 30

mile ride. **This is a easy to moderate level ride. Please fuel up properly PRIOR and during the ride. Bring plenty of fluids.**

November 25, 2012 - Join us for a fun post turkey ride!! We will be meeting at Folsom Bike located at [7610 Folsom-Auburn Road in Folsom](#) at 9am. Folsom Grind is right next door for your pre or post hydration 😊 There is plenty of free parking around the plaza area. **Remember to dress in layers as the weather is a bit cooler now. You still need to bring fluids and fuel even with the weather change.**