

Thrive bike Team Rides - 2014

Sunday, March 2 - 12 miles around Lake Natoma. [Meet at Folsom Garage at 8 am](#)

Sunday, March 9 - 15 miles flat ride. [Meet at Gold River Starbucks](#) at 8:45 am. Pedal down time is **9 am**.

Sunday, March 16 - 20 miles from Folsom Garage to William Pond. [Meet at Folsom Garage](#) at 8:45 am. Pedal down time is **9 am**.

Sunday, March 23 - [Meet at Gold River Starbucks](#) at 8:15 am. Pedal down time is **8:30 am**. 20-22 miles MAX, flat ride.

Sunday, March 30 - [Meet at Folsom Garage](#) at 8:15 am. Pedal down time at **8:30 am**. Going for a flat 25 miles.

Sunday, April 6 - [Meet at Gold River Starbucks](#) at 8:15 am. Pedal down time is **8:30 am**. We introduce the road. Ride will be 30 mi, flat, on road AND trail.

Sunday, April 13 - [Meet at Folsom Garage](#) at 8:15 am. Pedal down time at **8:30 am**. Going for a flat 35 miles on road AND trail.

Sunday, April 20 - NO Ride on Easter Sunday

Sunday, April 27 - NO Ride. Wildflower ride event in Chico.

Sunday, May 4 - [Meet at Folsom Garage](#) at 8:15 am. Pedal down time at **8:30 am**. Going for a flat 30 miles on road AND trail.

Sunday, May 18 - Meet at Peet's Coffee at Quarry Ponds in Granite Bay. Pedal down time 8:30 am. Going for 32.6 miles on the ROAD!

Sunday, June 8 - Meet at [Penryn Coffee house](#) at 7:45am. Pedal down time is 8am sharp. Approximately 30-35 miles with some hills. Going from Penryn to Lincoln and back.

Sunday, June 15 - [Meet at Gold River Starbucks](#) at **7:45 am. Pedal down time is 8:00 am.**

Sunday, July 13 - [Meet at Bella Bru in Carmichael](#) at 7:30 am. Pedal down time is 7:45 am. Flat 30 miles

Sunday, July 27 - Meet at Folsom Garage at 7:30. 40 miler with hills!

Sunday, August 31 - **First ride of the new season!** 10 miles flat ride for beginners. Season riders will ride 20 miles. [Meet at Gold River Starbucks](#) at 7:30 am.

Sunday, September 7 - [Meet at Folsom Garage](#) at 7:30 am. New riders will go 15 miles and seasoned will go 25.

Sunday, September 14 - [Meet at Gold River Starbucks](#) at 7:30 am. Shorter ride will go for 15-20 miles. Longer ride for 25 miles.

Sunday, September 21 - Meet at Peet's Coffee at Quarry Ponds in Granite Bay. Pedal down time 7:30 am. Mileage will be based on group that morning...on the ROAD!

Sunday, October 5 - Meet at [Penryn Coffee house](#) at 7:30am. **Group A** approx 30 mi. **Group B** approx 22 mi.

Sunday, Oct 12 - [Meet at Gold River Starbucks](#) at 7:30 am. **Group A** approx 40 mi. **Group B** approx 30 mi.

Sunday, Oct 19 - **CANCELLED**

Sunday, Oct 26 - Meet at [Folsom Bike](#) at 7:30am. **Group A** approx 40 mi. **Group B** approx 35 mi.

Sunday, Nov 9 - Meet at Starbucks in Lincoln at 8am. Address is [445 Old Hwy 65](#), Lincoln

*****LAST RIDE for Fall Season - Nov 16**