

live well be well



8th Annual Employee Health Fair

How is your health? Come to the fair and have your cholesterol, glucose and blood pressure checked.

Enjoy the fair and learn about several KP internal programs including: Medical Weight Management, Cosmetic Services, Health Education, Workplace Safety, and EAP.

Information about the Total Health Assessment (THA) on-line tool will also be provided. Complete this assessment to help us reach our "Reward for Results" bonus goals.

All participants will receive immediate test results that can be entered into their online Total Health Assessment. All test results are confidential and will not be released to your employer.

Watch for details on how to pick up your **FREE GIFT** for coming to the health fair and completing your Total Health Assessment.

Tuesday April 3
 Wednesday April 4
 Tuesday April 17
 Wednesday April 18
 Thursday April 19
 Friday April 20
 Monday April 23
 Tuesday April 24
 Friday April 27
 Monday April 30
 Tuesday May 1
 Wednesday May 2
 Thursday May 3
 Monday May 7
 Tuesday May 8
 Thursday May 10
 Friday May 11
 Friday May 11
 Friday May 11
 Tuesday May 15
 Wednesday May 16
 Thursday May 17

CDRP CR 3
 Fair Oaks MOB CR C
 Sacramento Medical Center CR 1
 Sacramento Medical Center CR 1
 Point West MOB Lobby
 Sacramento Medical Center CR 1
 Riverside MOB Physician CR
 Rancho Cordova MOB CR 1A&B
 Radiation Onc (Gibson) Conf Room
 Folsom MOB Lobby
 East Roseville Pkwy Conf Room
 Lincoln MOB CR 107
 Arden Annex Front Lobby
 Roseville Medical Center Quad and Café
 Roseville Medical Center Quad and Café
 Professional Dr. Lobby
 Roseville Medical Center Lobby
 Roseville Women and Children CR B16
 Davis MOB CR A
 Roseville Women and Children CR B16
 Folsom Ambulatory Surgery Center
 Sierra Gardens MOB Lobby

Noon to 2:00 p.m.
 10:00 a.m. to 2:00 p.m.
 8:00 a.m. to 8:00 p.m.
 8:00 a.m. to noon
 10:00 a.m. to 2:00 p.m.
2:00 a.m. to 4:00 a.m.
 10:00 a.m. to 2:00 p.m.
 10:00 a.m. to 2:00 p.m.
 1:30 p.m. to 3:30 p.m.
 10:00 a.m. to 2:00 p.m.
 10:00 a.m. to 2:00 p.m.
 11:00 a.m. to 2:00 p.m.
 10:00 a.m. to 2:00 p.m.
 8:00 a.m. to 8:00 p.m.
 8:00 a.m. to 3:00 p.m.
 11:30 a.m. to 1:30 p.m..
2:00 a.m. - 4:00 a.m.
2:00 a.m. - 4:00 a.m.
 11:00 a.m. to 2:00 p.m.
 10:00 a.m. to 2:00 p.m.
 7:00 a.m. to 11:00 a.m.
 Noon- to 2:00 p.m.