

live **well** be **well**



[Roseville Medical Center](#)

1600 Eureka Road
Roseville, CA 95661
Walkway between MOB2 and MOB1
Thursdays, 10 a.m. to 3 p.m., year-round

[Roseville Medical Offices - Riverside](#)

1001 Riverside Ave.
Roseville, CA 95678
Courtyard
Wednesdays, 9 a.m. to 1:30 p.m., year-round

[Sacramento Medical Center](#)

2025 Morse Ave.
Sacramento, CA 95825
Near pharmacy entrance
Fridays, 9:30 a.m. to 1:30 p.m.

[Point West Medical Offices](#)

1650 Response Road
Sacramento, CA 95815
Near the pharmacy entrance
Mondays, 9:30 a.m. to 1:30 p.m., seasonal