

"HOW I THRIVE"

KP Photo Contest

July 1 to 31

What makes you feel your healthy best? Is it eating a colorful salad you made yourself? Or being in the great outdoors with your best friend? Show us how you thrive!

How it works:

- Post your best photos showing how you support your well-being in the Well-Being at KP Viva Engage community throughout July with the hashtag #HowIThrive.
- The top 3 photos with the most likes by July 31 will receive special recognition and a prize.
- 5 honorable mentions will also receive a prize in the following categories: healthy living, the great outdoors, thriving at work, and travel and adventure.

Post your pic on the
[Well-Being at KP Viva](#)
[Engage community!](#)



Rules and restrictions: Only original photos will be accepted. No stock, internet, or AI images allowed. No repeat posts; limit one photo per day. Honorable mentions will be awarded to 5 photos in 4 categories for a total of 20 photos. Limit one prize per person. By posting photos, participants are consenting to the [Viva Engage User Guidelines](#).