

Head Down the Runway to Better Health

Join the Worldwide Wellness challenge on Go KP!



Program Dates

- Registration opens May 3
- Logging begins May 17
- Registration closes May 28
- Campaign ends June 27

Compete for Prizes

There are three ways to win prizes!

- The first 50 teams to register are eligible for a prize.
- Weekly random prize drawings will take place for individual participants during the 6-week campaign.
- Prizes are also awarded to top teams at the end of the campaign.

Team Up for a Virtual Voyage

What if you could travel the world without packing your suitcase or boarding a plane? In Worldwide Wellness you can visit landmark destinations around the globe all while earning prizes through your desktop or mobile browser. Register at kp.org/gokp.

Earn Points on Your Journey

Logging daily activity reveals new travel destinations on the map. Here is how those points breakdown:

- 5,000 steps a day = 3 points
- 7,500 steps a day = 4 points
- 10,000+ steps a day = 5 points
- 2 additional points available for logging daily self-care behaviors
- 1 additional point is available each Friday for teams only

Questions?

Contact healthyworkforce@kp.org to learn more.