## live well be well

kaiser Permanente.



## **Riverside MOB lwbw Farmers Market**

Eat locally grown and sourced foods by attending **YOUR** Riverside MOB farmers market. Get your fresh in season fruits and vegetables picked just for you!

Thank you for your patronage as your continued support keeps our market open and supports our local farmers and vendors!

Location: Courtyard Market Hours: 9:30am - 1:30pm Date: Every Wednesday



**Fueling your body** with nutritious foods help provide normal brain & body function.