

Facility Connection



March Locations – Our commitment is YOUR wellbeing!

Bring a co-worker or your team and take time to connect, relax and share some laughter. Our team will share wellness and fitness resources to help you take care of your well-being and THRIVE in the workplace.

These events are possible because Kaiser Permanente leadership genuinely cares about YOUR wellbeing.

Times: 12:00-1:30pm

March 4–1680 East Roseville Parkway, Conf. Room 111

March 11–Professional Drive, Lobby Area

March 12–J Street Clinic, 11:30am -12:30pm

March 18–Fair Oaks MOB, Conf. Room 31 (2nd floor)

Check out the LWBW website for the latest resources & events:

<https://livewellbewellnvly.org/>