

Facility Connection



March Locations – Our commitment is **YOUR** wellbeing!

Bring a co-worker or your team and take time to connect, relax and share some laughter. Our team will share wellness and fitness resources to help you take care of your well-being and THRIVE in the workplace.

These events are possible because Kaiser Permanente leadership genuinely cares about **YOUR** wellbeing.

Times: 12:00-1:30pm

1680 East Roseville Parkway: March 4, Conf. Room 111

Professional Drive: March 11, Lobby Area

Fair Oaks MOB: March 18, Conf. Room 31 (2nd floor)

Check out the LWBW website for the latest resources & events:

<https://livewellbewellnvly.org/>