

Facility Connection



March Locations – Our commitment is YOUR wellbeing!

Bring a co-worker or your team and take time to connect, relax and share some laughter. Our team will share wellness and fitness resources to help you take care of your well-being and THRIVE in the workplace.

These events are possible because Kaiser Permanente leadership genuinely cares about YOUR wellbeing.

Times: 12:00-1:30pm

May 6 – Riverside MOB, Junction Bldg

May 13 – Lincoln MOB, CR 107

May 27 – Rancho Cordova MOB, CR 1D

Check out the LWBW website for the latest resources & events:

<https://livewellbewellnvly.org/>